

## PRE-ARRIVAL

Prior to arrival, campers must:

- Check for updates on the COVID Policies & Procedures tab of our website
- Monitor health for symptoms of COVID-19 for 14 days in advance of arrival at camp
- Limit their exposure to people outside of their household for 14 days prior to arrival. A written attestation confirming you have done this will need to be submitted upon arrival.
- Book, complete, and obtain results for their COVID-19 PCR Test before arrival, adhering to one of the following timelines:
  - PCR test within 72 hours (3 days) of their arrival at camp
  - PCR test within 7 days of their arrival at camp and a rapid test (provided by Circle Square Ranch) as part of sign-in. Please anticipate an additional 15 minutes during sign in to complete rapid test.
- The Ontario Government has made PCR testing available at no cost for campers & staff at participating pharmacies this summer.
- Please email proof of the negative PCR test to [testresults@csranch.ca](mailto:testresults@csranch.ca)
- Pre-pay tuck money by the Wednesday prior to arrival
- Prepare medications for the weeks (see Medication section below)
- Pack using our Packing Checklist (see next page)
- Label all clothing items with your LITs name, and also clearly label the outside of all bags, suitcases, etc.

## ON DAY OF ARRIVAL

- Print off, sign, and bring OR complete and submit your online attestation and waiver forms. If submitting online, please take a photo of, or screen shot proof of submission and reference number to show to staff at sign in.
- Submit online health screening for camper. Please take a photo of, or screen shot proof of submission and reference number to show staff at sign in.
- If you have not already, please email proof of the negative PCR test to [testresults@csranch.ca](mailto:testresults@csranch.ca)
- Any vehicle occupants who will be speaking with Circle Square Ranch staff during drop off are asked to wear a mask.

## ARRIVAL

Please plan to arrive at Circle Square Ranch on Sunday, July 4th between 5:00 – 5:30pm. "Curbside" drop-off will be in place. A parent, guardian or a responsible adult must accompany all LITs. Only LITs will be permitted to exit vehicles during sign-in and sign-out. (There will be a designated parking lot where parents may exit their vehicles to say good-bye).

Sign in procedures include:

- Confirmation of completed attestation & waiver
- Confirmation a PCR test was completed and the result was negative
- Collecting any LIT mail (See Mail section)
- Collecting medications (see Medication section)
- Head lice check

Registration may take up to 30 minutes (an additional 15 minutes will be required if a rapid test is required). LITs will have dinner at camp.

## DEPARTURE & WEEKEND INFO

The in-course portion of the LIT (Junior Staff) program runs from July 4th – July 17th and the LIT placement week runs from July 18th-24th. If the LIT is unable to complete their placement week from July 19th-25th, arrangements can be made for a different week.

LITs should stay at camp during the weekend of July 10<sup>th</sup> -11<sup>th</sup>. LIT's should be picked up on Saturday, July 17<sup>th</sup>. LITs who live a distance away may be able to stay over this second weekend if needed. If you are close enough to pick them up, we do recommend they head home for a good night's sleep and to do laundry before the next week begins. Please ensure that all COVID protocols (masks, social distancing) are maintained at home.

"Curbside" pick-up will also be in place with assigned and staggered arrival times on July 17<sup>th</sup>:

Last names A-H: 10:20 – 10:40

Last names I-R: 10:40 – 11:00

Last names S-Z: 11:00 – 11:20

Parents/guardians will need to remain in their vehicles and present photo ID upon arrival. Medications and canteen return will be given at sign-out.

LIT should return at 1:30 p.m. on Sunday, July 19th for their placement week.

## HEAD LICE CHECK

LITs will have a lice check during sign-in. LITs with lice or nits will need to return home to remove all lice and nits before being allowed to return to camp. (Historically we have had space to do lice treatments at camp, however this will not be possible this year). While we understand that not all nits are "live" there is no way for us to determine if a nit is live or not, and as such no nits may be present. To make the process run more smoothly, we recommend that LITs come with their hair down or in a simple ponytail.

## MEDICAL CARE

Medical care is a vital part of our role for your LIT at the Ranch. Please visit the nurse station to advise us at registration if there are any changes to your LITs medical information. Circle Square Ranch reserves the right to refuse admission to anyone with a suspected contagious condition (i.e. fever, chickenpox or lice/nits). There will be daily screening of campers, LITs, and staff for COVID-19 symptoms. Rapid tests (supervised, self-administered nose swab) will be taken by all overnight campers on Wednesday. Persons who become ill will be isolated and parents/guardians will be made aware of symptoms. The COVID-19 School and Child Care Screening tool will be used to determine if the LIT can remain at camp.

## MEDICATION

All medication brought to camp must be left with the camp nurse. This includes vitamins, puffers, and over the counter medications. If you want your LIT to carry their puffer or epipen with them, please bring a second puffer or epipen to be left with the nurse. Due to the structure of our program, Circle Square Ranch requests that medications required throughout the year be sent with your LIT to camp. Medication and forms will be handed to the nurse in a clear plastic bag (labelled with the LIT's name and date of birth) during "curbside" drop-off. The nurse will look at the medications and instructions and ask for clarification if needed. **Medications that are to be given daily must be accompanied by the "Routine Medication MAR" form, and should be in a blister pack (many pharmacies will create these free of charge) or a clearly labelled pill box organizer.** If you bring a pill box organizer, please also bring the original medication containers for check in. Original containers can be taken home with the parent after checking medications in with the nurse. **Medications that are to be given as needed (PRN) must be accompanied by the "PRN Medication MAR" form.** Please be sure to follow the instructions on these forms so that we can provide excellent health care for your child.

## ALLERGIES & DIETARY NEEDS

When notified in advance, we are able to accommodate most vegetarian, lactose-free, and gluten-free diets. We are able to accommodate most allergies, however you may be required to provide food items for any complex allergies or dietary requirements. If food items are required, they should be fully prepared, labelled with your teen's name, and reheating instructions. Food items will be stored in our kitchen. Circle Square Ranch will make every effort to accommodate allergies; however, we cannot guarantee that there will be no trace of an allergen in food served. We strive to be a nut free facility and do not knowingly serve foods containing nuts. We sell only nut free products in our store.

## MAIL

There will be a station during sign-in where you can drop off mail (letters and small nut free parcels) for your teen to be delivered throughout the week. Please write your teen's name and what day mail is to be delivered on the outside of each parcel. Mail can also be sent through Canada Post, keeping in mind that it may take longer to arrive than expected due to our rural route location. Amazon also delivers to Circle Square Ranch, however, if a package arrives at camp after the camper has departed, Circle Square Ranch will not be able to forward the package. If you prefer, email credits can also be purchased, which allows you to send one-way emails to your teen. Please see attached *Photos and Emails* page for more info.

## CAMP PHOTOS

Pictures from your weeks of camp will be available online. Please see the attached *Photos and Emails* page for more info. You can download photos for free online or order prints to be sent to your home.

## LOST & FOUND

Please label all of your teen's belongings. We do not assume responsibility for lost or damaged items. Lost and found will be held for one month following camp. We can only look for labeled items. Any found items will be sent at the family's expense.

## CELL PHONES & ELECTRONIC DEVICES

LITs are not permitted to keep cell phones, iPods, and other electronic devices with them while at camp. LITs will be given the option to hand in devices at registration to be stored throughout the session. Please use a case to protect your device. LITs will be given 2 allotted times throughout each week to sign out their devices, in addition to use of devices during a portion of the weekend. During their placement week, LITs will have a 1 hour break each day where they can sign out their device. Devices not checked in will be held in the office for the duration of the LIT's session. We are not responsible for loss or damage.

## **WHAT NOT TO BRING**

Please do not bring anything valuable or sentimental to camp, including brand-name clothing, as occasionally things do get lost or broken. Absolutely no inappropriate reading materials, alcohol, drugs, or tobacco are permitted at the Ranch. We reserve the right to send home any camper who fails to cooperate.

## **DRESS CODE**

As junior staff, we want the LITs to look professional and be dressed ready to participate in activities. We respectfully request that there be no short shorts, crop tops, low-cut shirts, spaghetti string tank tops, inappropriate slogans, visible undergarments or mid-drifts showing. For swimming, one piece or modest two piece swimsuits only, no bikinis. **We reserve the right to enforce this dress code.**

## **BEHAVIOURAL EXPECTATIONS**

Being a participant in our LIT (Junior Staff) program means that you will be viewed as a leader to many young campers. With this comes a greater responsibility to set an example in your actions, words, and choices. LITs will have expectations to follow around language use, dress code, following directions, having positive interactions with others, and building up one another – far beyond expectations they would have previously had in other camper programs. Please see FAQ's for more info.

## **WHAT TO BRING & LAUNDRY**

Please read the next page for a complete list on what to bring. Please pack enough for two weeks of camp as laundry facilities won't be available.

## **FAQs**

We have compiled a list of FAQs related to the LIT program in the attached document. We also have a large collection of FAQs on our website under the "Information" tab. Be sure to check it out if you have any questions, or send us an email!

## **COVID POLICIES**

Our summer COVID policies are included on our website under the "Summer Camp" tab. Be sure to check out this link regularly for updates on COVID policies and procedures this summer. This is an evolving document that is adjusted based on government announcements and regulation changes.

**WE LOOK FORWARD TO SEEING YOU THIS SUMMER!**



# What to Bring Checklist

Sheet set, pillow, & extra blanket *Please see item # 1 below		Swimsuit & UV swim shirt (one piece, or modest two piece please, no bikinis)	
Toiletries (toothbrush, brush, etc.)		large towels, washcloth (showering & swimming)	
Sunscreen minimum 35 SPF & chapstick with SPF protection		Hat for sun protection	
Insect Repellant		Running shoes for climbing wall, etc.	
Bible & notepad (optional)		Footwear for horsemanship *Please see item #7 below	
Reusable water bottle *Please see item #2 below		Good outfit for Sheriff's Banquet (optional) *Please see item # 8 below	
Pyjamas / sleepwear		Current medication (please see page 1)	
Long pants for riding		Canteen Money (\$20—\$40/week) → please pre-pay online	
Socks & Underwear		Flashlight (optional)	
Mid-Length Shorts *Please see item #3 below		Laundry bag or garbage bag for dirty laundry	
Sleeved T-shirts *Please see item #4 below		2 non-medical masks/day or 3 disposable masks/day	
Theme meal costumes (optional) *Please see item #5 below		Drawstring bag, small backpack, or fanny pack *Please see item # 9 below	
Rain coat and rubber boots (optional) *Please see item # 6 below		1.5" Binder for LIT Manual, markers, pens, pencils	
Long Sleeved Shirt		Camping chair or a blanket to sit on, as some sessions will be done outside	
Warm jacket or sweater			

**All items are mandatory unless otherwise noted. You may pack more or less of any item mentioned. Please be sure to label all items, as well as the outside of all bags, suitcases, etc.**

1. We recommend bringing a fitted sheet and layered bedding so that your teen can be comfortable whether it is warm or cool. The bunk beds have a standard single mattress.
2. We encourage everyone to fill their reusable water bottle with water at meal times. In an effort to reduce waste, those who do not bring a reusable water bottle will be asked to purchase one in our store so they are able to take water with them to activities.
3. LITs will participate in several activities that require wearing a harness. Please ensure shorts are mid length for added comfort and coverage.
4. When packing t-shirts, please ensure that they provide excellent protection from the sun. UV Shirts are highly recommended. Please do not send tank tops as they do not provide adequate protection and campers will be asked to change.
5. One of the fun things at camp are theme meals. Many LITs like to bring a costume or clothing items for the theme meals. See the Theme Meals Calendar to see what your theme meals will be.
6. Pack rain gear, program continues in the event of a light rain.
7. When choosing footwear for horsemanship activities, please consider that occasionally children's feet are stepped on by a horse. We use approved safety stirrups, so heeled footwear isn't essential, but the footwear must be sturdy enough to protect the foot if your LITs foot is stepped on. Suitable footwear includes: hiking boots, sturdy running shoes, or riding boots. Please do not bring canvas shoes, crocs, or rubber boots for riding.
8. The Sheriff's banquet is an extra nice dinner at the end of the week. Your LIT is welcome to bring a nice outfit if they desire.
9. LITs will need a small bag to carry items with them throughout the day. Please ensure this bag is big enough for a water bottle, sunscreen, and bugspray.



**Please see page 1 for list of what not to bring and our lost and found policy.**



## Frequently Asked Questions

### About the Leaders in Training (Junior Staff) Program

*Please be sure to read the LIT Info Form for additional information not included here.*

#### What is a typical day like during the in-course portion?

LITs spend a couple hours each day taking part in interactive sessions where they focus on leadership development and the practicalities of serving at camp, as well as participating in lessons to strengthen their own faith. The rest of the day is divided between recreational activities and rotating through the different camp programs as they shadow various staff members. LITs also participate in our evening Prime Time with campers and are always involved in campfire.

#### How much time will be spent riding?

The LITs will ride for two 1-hour periods during their program.

#### How many LITs take the course at once?

There is a maximum of 15 LITs in the course.

#### Who will teach the LIT course?

Leadership staff work under the supervision of the Director to provide a quality LIT program. The LITs have senior counselors with them in their sleeping accommodations.

#### How do I successfully complete the LIT course?

Successful completion of the course depends on your participation in all elements of the LIT course. This includes your positive involvement in group discussions, completion of assignments, the final test, your interaction with campers and your attitude towards Ranch policies and procedures. If a participant tries their best during the course, they should be able to successfully complete it. Our LIT leaders are eager to have you be successful during your time at the Ranch and will support you throughout the course.

#### When do I find out if I have passed the course?

The LIT leadership team will spend time with each LIT during the last two days of the course to give them their certificate and discuss their participation in the program.

#### How do my expectations differ from other campers?

Being a participant in our LIT program means that you will be viewed as a leader to many young campers. With this comes a greater responsibility to set an example in your actions, words, and choices. LITs will have expectations to follow around language use, dress code, following directions, having positive interactions with others, and building up one another – far beyond expectations they would have previously had in other camper programs.

Our expectations for LIT participants would be similar to what we expect of our Summer Volunteers – that they would lead by example, work together in a positive way to resolve conflict and follow appropriate boundaries when interacting with peers and campers, without being prompted to do so. We will help guide you along throughout your LIT experience, but our expectation would be that LIT participants look for opportunities to take initiative, show kindness and care to others, and use proper judgement to seek help when needed.

#### What will I be doing during my placement week? How will it differ from the first two weeks of the program?

Most LITs will be in a support role (ie: kitchen, maintenance, Day Camp or Jr. Camp leader) during their placement week, with additional opportunities to connect with campers in the evenings. There are no additional fees for the placement week, although some LITs like to bring cash for the canteen.

The LIT Director will go over the Placement Week Manual with the LITs during the in-course portion of the program. The manual contains important new information about how LIT's expectations and responsibilities will increase or change once their placement week begins. The manual covers additional details regarding drop off/ pick up, use of electronics, medications and sickness, dress code, weekend info, volunteer hours, and more. A copy of this manual will also be sent out to parents.

Circle Square Ranch reserves the right to withdraw the invitation to the placement week based on LIT's success in the course and conduct in the two week program.

#### Once the LIT Program has been completed, can I come back to volunteer the rest of the summer? Will I automatically become a staff member in 2021?

After a successful placement week, some LITs are invited to return to work at camp throughout the remainder of the summer. These opportunities will be discussed with the LIT Director and the Director of Program and depend on a number of factors.

Completing the LIT course does not guarantee a volunteer staff position in the following summer, however passing the LIT course is a good first step to becoming a volunteer staff. They will be evaluated as potential staff on the same merits as other volunteer applicants.

## Photos & Emails

Dear Parents,

We are excited to offer one-way email and photo viewing services for our **overnight camp** programs! Please read the information to learn about how to access these programs.

### Viewing Photos:

Step 1: Go to [www.circlesquareranch.smugmug.com](http://www.circlesquareranch.smugmug.com)

Step 2: Choose the "2021 Photos" album

Step 3: Choose the photo album for the week your child is at camp.

Step 4: You will then be prompted to enter a password in order to access the secure photos.



***Important:*** You will be given the password to view photos in an email on your arrival day. If you forget the password, please contact our office. The password for the photo program will only be given to individuals listed on the camper's application for security reasons.

You can browse through the photos and even download as many as you would like for free! Love the pictures from camp? You can also order prints and merchandise at reasonable costs directly from the website. Please note that any online purchases will appear on your credit card statements as SmugMug.

We will do our best to post photos three times during the week. We provide this as a free service as we cannot guarantee when or how many photos we will be able to upload. The first batch of photos from the week will likely be uploaded by Tuesday at lunch. We think it is important for you to remember that while photos can be a great insight into what is generally happening at camp, a single snapshot should not be used as an assessment tool as to how your campers are doing.



**Sending One-Way Emails:** If you purchased an email package, you will be able to send up to 10 emails to your child during their week of camp. If you didn't order an email package yet, give us a call and we will add it to your account for the cost of \$10+ HST.

To send one-way emails to your camper, go to [www.csranchgrandriver.ca/emails](http://www.csranchgrandriver.ca/emails) and fill out an email form.

**If you have any questions about this service, please give us a call at 519-754-0171 or email us at [brantford@csranch.ca](mailto:brantford@csranch.ca)**





Please find a copy of the *COVID-19 Participating Agreement, Cancellation Policy, Conditions of Enrollment, Authorization for Treatment, and Lice Policy* below. **You will need to print, complete and bring this form with you or complete this form online. A link to the online form will be sent to you a week prior to arrival.**



CAMPER'S NAME: \_\_\_\_\_

### COVID-19 PARTICIPATION AGREEMENT

Please read and sign the information below.

1. I understand that Circle Square Ranch has COVID Policies and Procedures and I am responsible for reading these policies and procedures and explaining them to my child. This policy may change with limited notice. I understand that I am able to access the COVID Policies and Procedures on the camp webpage.

1. I, the parent/guardian, understand that the COVID Policies and Procedures include obtaining a PCR test, pre-camp online wellness screening, and an attestation of limiting contact (for overnight campers). If there is any indication of being unwell, or if COVID Policies and Procedures have not been followed, Circle Square Ranch has the right and responsibility to deny acceptance into camp.

2. I, the parent/guardian, acknowledge that the health information provided upon arrival is current, accurate and complete.

3. I agree that the participant is to abide by the current regulations and restrictions as outlined by the Ministry of Health and Circle Square Ranch COVID Policies and Procedures.

4. Parents/guardians are responsible to inform camp if their camper has come in contact with a positive COVID-19 case within 3 weeks of the start of their camp session.

5. I understand that if any illness occurs while at camp, and the participant requires isolation, the participant at camp will be isolated until travel arrangements can be made. I, the parent/guardian/participant am responsible to provide transportation home from camp as immediately as possible.

6. I understand that camp does not provide quarantine accommodations following any international travel or for assumed or confirmed COVID cases.

7. I am fully aware of the risks and hazards with respect to COVID-19 inherent in my (or my child's/ward's) attendance at InterVarsity Circle Square Ranch Grand River and participation in the activities at camp.

8. I freely and voluntarily agree to assume the risk with respect to COVID 19, including the risk of death, bodily injury or property damage, regardless of severity, that I (or my child/ward) may sustain as a result of my participation in the activities of InterVarsity Circle Square Ranch Grand River or attendance at InterVarsity Circle Square Ranch Grand River, howsoever arising, including, but not limited to, the active or passive negligence of the Releasees.

9. I release Inter-Varsity Christian Fellowship of Canada, its trustees, directors, corporation members, staff and agents from any loss, personal injury, accident, misfortune or damage to the herein named or his/her property. I confirm that the undersigned is covered by provincial health insurance or equivalent medical insurance prior to arrival and must extend throughout the entire time at camp.

Signing here confirms that you have read the COVID-19 Participation Agreement, that you understand it, and that you agree to be bound by it.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of parent / guardian

### CANCELLATION POLICY

1. If camp capacity numbers are reduced due to Government COVID restrictions, and camp has to reduce enrolment in registration: Priority registrations will be given by date of registration; those who have registered first will retain their session of preference. Once we have reached our weekly capacity for camper/staff onsite, a waitlist will be set up and the applicant will be placed on it. If there are sessions that are not full and that your child is eligible to attend, your registration can be moved to one of those sessions.

2. In the event a camp session is cancelled due to a COVID outbreak, there are government mandates to shut down camp for all or part of the season, or camp is cancelled due to any other reason, the camp will issue a refund for the value of the fees of the unexpired term.

3. If parent/guardian/participant chooses to withdraw their camp registration, regular cancellation policies will be in effect:

Day Camp Cancellation Policy: If you cancel more than three weeks prior to the start of camp, you will receive a full refund less a \$30/week administration fee.

Overnight Camp Cancellation Policy: If you cancel more than two weeks prior to the start of camp, you will receive a full refund less a \$75/week administration fee.

All Camps: If a cancellation occurs after the cut-off dates listed above, you will get NO REFUND except for medical reasons with a note from a doctor. In that case, you will get a full refund less the administration fee. No refund will be made for dismissals due to disciplinary action, late arrivals or early departures. If a child/participant is unwell while at camp and it is determined that withdrawal from camp is required, the camp will credit the family the value of fees for the unexpired term.

If camper is unwell with COVID, the following will apply: The camper may return when symptoms are gone, a COVID test is negative, and depending on availability, the family can use their credit to rebook the child in an alternate session. If this is not possible, the camp will issue a refund for the value of the unexpired term.

## CONDITIONS OF ENROLLMENT

1. The parents/guardians submitting this application are those having legal custody over the child. Conditions of custody, if applicable, will be fully communicated in writing to InterVarsity Circle Square Ranch, including a photocopy of the section of any court order referring to visitation rights.
2. The Camp Director reserves the right to dismiss a camper who, in the Director's opinion, is a hazard to the safety and rights of others, or who appears to have rejected the reasonable controls of camp and/or whose behaviour is placing unacceptable constraints upon the staff and their responsibilities toward other campers. This may range from missing an activity to complete dismissal depending on the situation. In the instance that a camper is dismissed from camp for any reason, the parents/guardians are responsible for pick-up of the dismissed camper.
3. If the camper has any physical, emotional, developmental or behavioural need, particularly if it is a condition that would require special attention or exclude the camper from any camp activity, describe fully on the application or on a separate sheet of paper. InterVarsity Circle Square Ranch retains the right to dismiss any camper whose condition has not been disclosed during the application process.
4. I, the parent/guardian of the herein named participant, release InterVarsity Christian Fellowship of Canada and InterVarsity Circle Square Ranch, its trustees, directors, corporation members, staff and agents from any loss, personal injury, accident, misfortune or damage to the herein named or his/her property, with the understanding that reasonable precautions shall be taken to ensure the health and safety of the herein-named camper. This release is for both while the camper is on site and any camp-related off-site trip/activity. Each camper must be covered by Provincial Health Insurance or equivalent medical insurance prior to arrival at camp and must extend throughout their entire time at camp.
5. The parent/guardian agrees to permit reasonable use of photos, videos or other pictures of the applicant camper in promoting InterVarsity Camps and/or camp activities and programs, and/or InterVarsity Christian Fellowship in general in printed and/or electronic media.
6. InterVarsity Circle Square Ranch encourages our staff to keep in contact with campers periodically throughout the year. I the parent/guardian permit such contact.
7. I give my permission for InterVarsity Circle Square Ranch to communicate camp information or registration opportunities to me electronically.
8. The parent/guardian hereby agree to reimburse InterVarsity Circle Square Ranch for any willful damages caused by the applicant camper.
9. The use or possession of alcohol, illicit drugs, or cigarettes by campers is strictly prohibited.
10. The parent/guardian agrees to be responsible for the payment of all fees due to the Camp by June 1, 2020. This registration is not complete until all fees are paid.
11. I have read and understand the *Conditions of Enrollment*, including the *Cancellation Policy* and hereby accept the conditions listed.

---

Date

---

Signature of parent / guardian

## AUTHORIZATION FOR TREATMENT

1. I hereby authorize the camp personnel to handle any medical problems with my child during his/her stay at camp.
2. In the event that a camper requires special medication, x-ray, or treatment beyond that which is possible at camp, we will attempt to notify the parents as soon as possible. The parent/guardian will be responsible for any additional expense for additional care or transportation.
3. In case of surgical emergency, I hereby give my permission to the physician selected by the camp director to hospitalize, secure proper treatment for, and order injection, anesthesia, or surgery for my child named on this application.
4. I will inform the camp if my child has had any changes in health, including any communicable disease within the three weeks prior to his/her stay at the camp.
5. InterVarsity Circle Square Ranch has my permission to contact my family doctor as necessary to ensure the best care for my child/ward.
6. I give permission to InterVarsity Circle Square Ranch to give the over the counter medications checked off in the medical form.

---

Date

---

Signature of parent / guardian

## LICE POLICY

Please check your camper's hair for lice and nits before they come to camp.

Day Camp: Day campers will not have a lice check during sign-in. Each camper will be given a new polypropylene bouffant hairnet each day before putting their helmet on. While this will greatly reduce the risk of lice transmission it does not guarantee that lice will not spread. Campers are welcome to bring their own ASTM/SEI-certified helmets.

Overnight Camp: Overnight campers will have a lice check during sign-in. Campers with lice or nits will need to return home to remove all lice and nits before being allowed to return to camp. (Historically we have had space to do lice treatments at camp, however this will not be possible this year). While we understand that not all nits are "live" there is no way for us to determine if a nit is live or not, and as such no nits may be present.

---

Date

---

Signature of parent / guardian



PARENT/GUARDIAN ATTESTATION FOR CHILD ATTENDING  
OVERNIGHT CAMP  
AT INTERVARSITY CIRCLE SQUARE RANCH GRAND RIVER



Overnight campers & Junior Staff will need to print, complete and bring this form with you or complete this form online. A link to the online form will be sent to you a week prior to arrival.

Child's Name: \_\_\_\_\_

Child's Birthdate: \_\_\_\_\_

Dates Attending Camp: \_\_\_\_\_

By checking each item I confirm that I understand:

\_\_\_ The conditions of this attestation are independent of the 'Step' that the Province of Ontario is currently in.

\_\_\_ These items are required by the Ministry of Health as a condition of operating overnight camps.

\_\_\_ The Ministry of Health has not provided any guidance for campers who have received a COVID-19 vaccine, and all campers, regardless of vaccination status must comply with this attestation.

By checking each item I confirm that during the 14 days before camp:

\_\_\_ My child has reduced the chances of becoming infected by limiting contact with individuals outside of their immediate household.

\_\_\_ My child has taken all reasonable measures to limit their exposures.

\_\_\_ When exposure with individuals outside of their immediate household was necessary, my child reduced the chances of becoming infected by maintaining social distancing, wearing a mask, and washing hands frequently.

\_\_\_ My child has not travelled.

\_\_\_ My child has not attended another camp.

Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## Routine Medication MAR

This form is for medications that parents have dispensed into a pill box organizer, and for puffers etc.

This form is not needed for medications in a blister pack.

Camper Name: \_\_\_\_\_

Camper D.O.B. (dd/mm/yyyy): \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Dates camper is attending camp: \_\_\_\_\_

Camper Allergies: \_\_\_\_\_

The following medications have been provided by the parent/guardian and are to be administered by the health care team at Circle Square Ranch as instructed below:

Medication Name	Dose	Route (how is it given)	Time medication is to be administered	Dates to be administered (please write "every day" or date range)	Any special instructions
Camp Use Only:	HRS      SUN	MON      TUES	WED      THUR	FRI      SAT	
Camp Use Only:	HRS      SUN	MON      TUES	WED      THUR	FRI      SAT	
EXAMPLE Salbutamol Puffer	EXAMPLE 2 puffs	EXAMPLE Inhaled, using aerochamber	EXAMPLE 8 am Noon 8pm	EXAMPLE Every day	EXAMPLE Can also be given an additional 2 times daily if needed for wheezing

### NOTES:

- Please only print on one side per sheet. Please print a second form if more room is needed. Additional instructions can be written on the back of paper.
- Please put all medications and this form in one clear plastic bag, labelled with camper's name and date of birth.
- Please give detailed instructions and sign on reverse of this form if medication is to be given differently than labelled.
- If you bring a pill box organizer, please also bring the original medication containers for check in. Original containers can be taken home with the parent after checking medications in with nurse.

## PRN (as needed) Medication MAR

Camper Name: \_\_\_\_\_

Camper D.O.B. (dd/mm/yyyy): \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Dates camper is attending camp: \_\_\_\_\_

Camper Allergies: \_\_\_\_\_

The following medications have been provided by the parent/guardian and are to be administered by the health care team at Circle Square Ranch as instructed below:

Medication Name	For what symptoms is medicine to be given?	Dose	Frequency (How often can medicine be given?)	How often is this medication normally required?	Any special instructions
Camp Use Only:	Symptom	Dose	Time	Route	Signature
Camp Use Only:	Symptom	Dose	Time	Route	Signature
EXAMPLE	EXAMPLE	EXAMPLE	EXAMPLE	EXAMPLE	EXAMPLE
Childrens Tylenol 160 mg	For earaches	As per label	As per label	Camper gets earaches after swimming about once a week	Please let me know if she has an earache for more than three days

**NOTES:**

- Please only print on one side per sheet. Please print a second form if more room is needed. Additional instructions can be written on back of paper.
- Please write as per label if label instructions are to be followed (as in example above)
- Please put all medications and this form in one clear plastic bag, labelled with camper's name and date of birth.

## Policy for Camper Behaviour

### Our Goal:

To provide, to the best of our ability, an enjoyable camping experience for all campers in a safe and caring environment, which we will strive to achieve through clear expectations, awareness, prevention and community development. We value each camper's experience and expect each camper to interact in a positive way with other campers.

### Expectation for Staff:

Ensure campers are aware of expectations.

Provide supervision.

Provide tools to support camper and prevent bullying.

Create a safe environment for all campers to discuss situations that require staff assistance.

Communicate with campers if they are not following behaviour expectations and follow up with parents if required.

### Expectations for Campers:

Interact with others (staff and campers) in an appropriate manner.

Be redirectable if needed.

Respond to supervision in a manner that ensures their safety.

Understand and generally comply with camp policies regarding language, respecting other people, following the daily schedule, and following instructions of camp staff.

### Depending on the circumstances, these steps are used until the desired behaviour is achieved:

*Caution:* Communicate with camper that their behaviour is unacceptable.

*Redirect:* Help camper identify appropriate ways to interact with other campers.

*Relocate:* Either relocate the individual away from the area or move the other campers away from the camper who is not following the behaviour expectations. When the camper is able to follow the behaviour expectations they can return to their activity.

*Consultation:* Meeting between the camper and the Program Co-ordinator to discuss behaviour expectations with the camper, communicating the difficulties that have been observed/reported. Create a plan with the camper to follow behaviour expectations, and consequences if the difficulties continue.

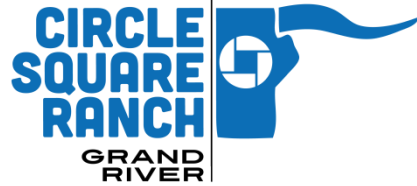
*Contact with parent/guardian:* Circle Square Ranch personnel will contact the parent/guardian to explain the situation, ask for input for the camper's behaviour plan, and discuss options.

*Second contact to parent/guardian:* To arrange the removal of child from the program. If a camper has serious infraction of the behaviour policies, it may be necessary to pick them up immediately, without first and second contact.

In no instance will discipline at camp take the form of physical or psychological punishment. We will administer discipline appropriate to the ranch setting as outlined above.

*If you have any questions concerning InterVarsity Circle Square Ranch's Policy for Camper Behaviour, please call the Director at 519.754.0171.*

INTERVARSITY



# JULY 2021 THEME MEALS

\*These theme meals are for Discovery, Horse Lovers, Equestrian, 2.0 Day Camps, and Leadership Camps  
\*See pages 3-4 for costume ideas!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	5 BACKWARDS	6 OUTRAGEOUS BELTS	7 WACKY HAIR	8 FUN SHOES	9 SHERIFF'S BANQUET	10
11	12 PINK	13 WACKY HAIR	14 TWIN MEAL	15 <u>Lunch:</u> TEA PARTY <u>Dinner:</u> SUPER HERO	16 SHERIFF'S BANQUET	17
18	19 OUTRAGEOUS BELTS	20 FLANNEL/PLAID	21 FUN SHOES	22 TWIN MEAL	23 SHERIFF'S BANQUET	24
25	26 FLANNEL/PLAID	27 BACKWARDS	28 BLUE	29 WACKY HAIR	30 SHERIFF'S BANQUET	31



# AUGUST 2021 THEME MEALS

\*These theme meals are for Discovery, Horse Lovers, Equestrian, 2.0 Day Camps and Leadership Camps

\*See pages 3-4 for costume ideas!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 FUN SHOES	3 JERSEY	4 OUTRAGEOUS BELTS	5 RED	6 SHERIFF'S BANQUET	7
8	9 RETRO SHIRT	10 COOL SHOES	11 JERSEY	12 FLANNEL/PLAID	13 SHERIFF'S BANQUET	14
15	16 SPARKLES	17 PURPLE	18 WACKY HAIR	19 Lunch: TEA PARTY  Dinner: SUPERHERO	20 SHERIFF'S BANQUET	21
22	23 WACKY HAIR	24 FUN SHOES	25 BACKWARDS	26 OUTRAGEOUS BELTS	27 SHERIFF'S BANQUET	28





## **Theme Meals Dress up Ideas!**

Here are some suggestions on what to bring for your theme meal. These are only suggestions! Feel free to bring whatever you would like or just come as you are!

Theme meals are in alphabetical order- not in order of the calendar.

### **Backwards**

- Wear your shirt backwards, your shorts backwards, your hat backwards, your shoes on wrong feet, and eat with your fork backwards!!

### **BLUE**

- We want to see an ocean of blue across the camp. Wear your brightest blue!

### **Flannel/Plaid**

- Use your favourite plaid patterned shirts and let's make it a real country dinner!

### **Fun Shoes**

- Have some brightly coloured or minion themed shoes? Great! Have some old sandals? Cool! Tape a fun picture or a bottle of water onto them! Get creative!

### **Jersey**

- Have a favourite sports team? Ever played on a sports team? Show off your love for sports and wear your favourite jersey!

### **Outrageous Belts**

- Have an old cowboy belt buckle? Have an old rope or some barn twine? What about a long ribbon? Show us your most creative belt ideas!

### **PINK**

- We wanna see an ocean of PINK across the camp!

### **PURPLE**

- Violet, lavender, plum, lilac, mauve – if you've got it, you wear it!

### **RED**

- We want to see an ocean of RED across the camp! Wear all the red!

**Retro Shirt**

- Find the oldest looking shirt in your house/wardrobe and bring us the 50's, 70's, 90's or whatever era you can.

**Sheriff's Banquet**

- Dress up in nice clothes for our final dinner together or wear something western.

**Sparkles**

- We want to see you SHINE! Show up in a sparkly dress, skirt, shirt, crown, or in your most sparkly smile!

**Superhero**

- Show me your superhero powers! Tie a towel around your neck like a cape, or put a crown on your head like a fairy princess! (because they're super heroes too)

**Twin Meal**

- You can pre-plan this with a friend or find someone at camp that has some matching clothes. (Campers cannot share clothes so please try to find someone who has colours similar instead!)

**Wacky Hair**

- We want to see big, bright, messy, wild hair! Throw in a couple clips or wrap it around a drink bottle if you're really looking to spice it up.