

# **Medication Instructions & Forms**

All medication brought to camp must be left with the camp nurse. All routine and PRN (as-needed) medication must be signed in on arrival day. This includes vitamins, puffers, and over-the-counter medications.

If you want your camper to carry their puffer or epipen with them, **please bring a second puffer or epipen** to be left with the nurse.

Please have medication and forms ready to be dropped off in a clear plastic bag (labelled with the camper's name and date of birth) during registration . The nurse will look at the medications and instructions and ask for clarification if needed.

**Medications that are to be given daily** must be accompanied by the "Routine Medication MAR" form and should be in a blister pack (many pharmacies will create these free of charge) or a clearly labelled pill box organizer. If you bring a pill box organizer, please also bring the original medication containers for check in. Original containers can be taken home with the parent after checking medications in with the nurse.

Medications that are to be given as needed (PRN) must be accompanied by the "PRN Medication MAR" form.

## **Routine Medication MAR**

This form is for medications dispensed into a pill box organizer and for puffers etc. This form is not needed for medications in a blister pack.

Camper D.O.B. (dd/mm/yyyy):

Parent/Guardian Name:			_Parent/Guardian Signature:						
Dates camper is attending camp:			Camper Allergies:						
The following medications have been provided by the parent/guardian and are to be administered by the health care team at Circle Square Ranch as instructed below:									
Medication Name	Dose	Route (ie: oral)	Time to be administered	Dates to be administered (please write "every day" or date range)	Any special instructions				
Medication 1				, ,					
Camp Use:									
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday				
Medication 2									
Camp Use:									
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday				
Medication 3									

#### NOTES:

Camp Use: Sunday

Monday

Camper Name:

• Please only print on one side per sheet. Please print a second form if more room is needed. Additional instructions can be written on the back of paper.

Tuesday

Please put all medications and this form in one clear plastic bag, labelled with camper's name and date of birth.

Wednesday

**Thursday** 

Friday

- Please give detailed instructions and sign on reverse of this form if medication is to be given differently than labelled.
- If you bring a pill box organizer, please also bring the original medication containers for check in. Original containers can be taken home with the parent after checking medications in with nurse.

# PRN (as needed) Medication MAR

Camper Name: Camper D.O.B. (dd/mm/yyyy): Parent/Guardian Name: Parent/Guardian Signature: Dates camper is attending camp: Camper Allergies:  The following medications have been provided by the parent/guardian and are to be administered by the health care team at Circle Square Ranch as instructed below:								
Medication Name	For what symptoms is medicine to be given?	Dose	Frequency (How often can medicine be given?)	How often is this medication normally required?	Any special instructions			
EXAMPLE Children's Tylenol 160 mg	EXAMPLE For earaches	EXAMPLE As per label	EXAMPLE As per label	EXAMPLE Camper gets earaches after swimming about once a week	EXAMPLE Please let me know if she has an earache for more than three days			
Medication 1								
Camp Use:	Symptom	Dose	Time	Route	Signature			
Medication 2								
Camp Use:	Symptom	Dose	Time	Route	Signature			

### NOTES:

- Please only print on one side per sheet. Please print a second form if more room is needed. Additional instructions can be written on back of paper.
- Please write as per label if label instructions are to be followed (as in example above)
- Please put all medications and this form in one clear plastic bag, labelled with camper's name and date of birth.