

## Teen Week: Equestrian Camp

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Email: brantford@csranch.ca | Web: csranchgrandriver.ca

#### ARRIVAL

Please plan to arrive at Inter Varsity Circle Square Ranch on Sunday between 4 and 5 pm. We are unable to take early registrations. A parent, guardian or a responsible adult must accompany all campers. All medications and canteen money are to be handed in at registration. Registration may take up to 45 minutes.

#### **DEPARTURE**

You are invited to watch our equestrian campers in a small horse show on **Saturday, beginning at 9:30 a.m.** Benches are provided, however some guests prefer to bring a lawn chair. Sign-out is immediately following the horse show in the lower level of the dining hall. Campers will have the opportunity to give their families a tour of the camp until 11:45 a.m. Medications, canteen return and a cabin photo will be given at sign-out.

#### **MEDICAL CARE**

Medical care is a vital part of our role for your child at the Ranch. Please advise us at registration if there are any changes to your child's medical information. Circle Square Ranch reserves the right to refuse admission to any camper with a suspected contagious condition (i.e. fever, chickenpox or lice/nits). We do a lice check as part of our registration process. To make the process run smoother, we recommend that campers come with their hair down or in a simple ponytail. To ensure your child has an enjoyable week, and to protect other campers, please have any condition treated completely before coming to camp. If this is not possible, please call and reschedule to another week, depending on availability.

#### **MEDICATION**

Due to the structure of our program, Circle Square Ranch requests that medications required throughout the year be sent with your child to camp. All medication brought to camp must be kept with the camp nurse, including vitamins, puffers and over the counter medications. All medications must be in original package or in a blister pack. We strongly recommend that you have your pharmacy put prescription medication in a blister pack. Alternately, Circle Square will also have blister packs available for purchase that parent/ guardians can fill during sign in. Prescription medication must have user's name and proper dosing printed on the label. If you want your camper to carry their puffer or epipen with them, please bring a second one to be checked in with the nurse.

#### **ALLERGIES & DIETARY NEEDS**

If you indicated that your child has food allergies or requires a modified diet (i.e. vegetarian), please contact the office two weeks before arrival to discuss. We are able to accommodate most vegetarian, lactose-free, gluten-free diets and other allergies. You may be required to provide food items for any complex allergies or dietary requirements. If food items are required, they should be fully prepared, labelled with your child's name, and reheating instructions. Food items will be stored in our kitchen. Circle Square Ranch will make every effort to accommodate allergies; however, we cannot guarantee that there will be no trace of an allergen in food served. We strive to be a nut free facility and do not knowingly serve foods containing nuts. We sell only nut free products in our store.

#### MAIL

There will be a drop box at registration where you can put mail (letters and small nut free parcels) for your child to be delivered daily. Please indicate your child's name and what day mail is to be delivered on the outside of each parcel. Mail can also be sent through Canada Post, keeping in mind that it may take longer to arrive than expected due to our rural route location. If you prefer, email credits can also be purchased, which allows you to send one-way emails to your child. Please see attached Photos and Emails page for more info.

#### **CAMP PHOTOS**

Pictures from your week of camp will be available online. Please see the attached Photos and Emails page for more info. You can download photos for free online or order prints to be sent to your home.

#### **CAMP VIDEO CLIPS**

Short video clips from your child's week of camp will be uploaded to a secure hosted website after the camp session has ended. An access code to the video clips will be provided at sign-out with a payment of \$10. All proceeds will go towards our Camper Scholarship Fund.

#### **TWO WEEK CAMPERS**

Weekend accommodations may be arranged for campers registered for two consecutive weeks, depending on staff availability. Please contact the Ranch office for fees and details.

#### **LOST & FOUND**

Please label all of your camper's belongings. We do not assume responsibility for lost or damaged items. Lost and found will be held for one month following camp. We can only look for labeled items. Any found items will be sent at the camper's expense.

#### **CELL PHONES & ELECTRONIC DEVICES**

Teen week campers are not permitted to keep cell phones, iPods, and other electronic devices with them while at camp. While we do not recommend bringing anything valuable to camp as occasionally things do get lost, stolen, or broken, teen week campers will be given the option to hand in devices at registration to be stored during the week. These campers will be given 3 allotted times throughout the week to sign out their devices. Devices not checked in will be held in the office for the duration of the camper's session. We are not responsible for loss or damage.

#### WHAT NOT TO BRING

Please do not bring anything valuable or sentimental to camp, including brand-name clothing, as occasionally things do get lost or broken. Absolutely no inappropriate reading materials, alcohol, drugs, or tobacco are permitted at the Ranch. We reserve the right to send home any camper who fails to cooperate.

#### **DRESS CODE**

We respectfully request that there be no short shorts, crop tops, lowcut shirts, spaghetti string tank tops, inappropriate slogans, visible undergarments or mid-drifts showing. For swimming, one piece or modest two piece swimsuits only, no bikinis. **We reserve the right to enforce this dress code.** 

WE LOOK FORWARD TO SEEING YOU THIS SUMMER!



# What to Bring Checklist

Sleeping bag, pillow & extra blanket *Please see item # 1 below	Rain coat and rubber boots (optional)
Toiletries (toothbrush, brush, etc.)	*Please see item # 6 below Long Sleeved Shirt (2)
Sunscreen minimum 35 SPF & chapstick with SPF protection	Warm jacket or sweater (2)
Insect Repellant	Swimsuit *Please see dress code on page 1
Bible & notepad (optional)	large towels, washcloth (showering & swimming)
Reusable water bottle  *Please see item #2 below	Hat for sun protection
Pajamas / sleepwear	Running shoes for climbing wall, etc.
Long pants for riding (5) Jeans, breeches, chaps are acceptable	Footwear for horsemanship *Please see item #7 below
Socks (7)	Good outfit for Sheriff's Banquet (optional)  *Please see item # 8 below
Underwear (7)	Current medication (please see page 1)
Mid-Length Shorts (5) *Please see dress code on page 1 *Please see item #3 below	Canteen Money (\$20—\$40)
Sleeved T-shirts (6) *Please see dress code on page 1 *Please see item #4 below	Flashlight (optional)
Theme meal costumes (optional)  *Please see item #5 below Outfit for Horse Show (optional)	Laundry bag or garbage bag for dirty laundry

#### All items are mandatory unless otherwise noted. You may pack more or less of any item mentioned.

- 1. Nights can be cool, warm bedding is essential. The bunk beds have a standard single mattress. You are welcome to send a sheet set and blankets if you'd prefer.
- 2. We encourage the campers to fill their reusable water bottle with water at meal times. In an effort to reduce waste, campers who do not have a reusable water bottle will be asked to purchase one in our store so they are able to take water with them to activities.
- 3. Campers may choose to participate in several activities that require wearing a harness. Please ensure packed shorts are mid length for added comfort and coverage.
- 4. When packing t-shirts, please ensure that they provide excellent protection from the sun. Please do not send tank tops or spaghetti strap shirts as they do not provide adequate protection.
- 5. One of the fun things at camp is theme meals. Many campers like to bring a costume or clothing items for the theme meals. We will email out a list of the theme meals for your camp session 1-2 weeks in advance, or you can check our website in the late spring for a full summer calendar.
- 6. Pack rain gear, program continues in the event of a light rain.
- 7. As your child will be riding 3 hours a day, it is mandatory that your camper have a pair of riding boots. English or cowboy boots are fine. A pair of rubber boots are also needed as campers will be doing barn work.
- 8. The Sheriff's banquet is an extra nice dinner for the campers. Your camper is welcome to bring a nice outfit if they desire.

Please see page 1 for information on cell phone & lost and found policies and a list of what not to bring



Questions: Please contact us at 519.754.0171 or brantford@csranch.ca



Come enjoy an afternoon at Circle Square Ranch!

- \* camp tour
- \* meet some of our camp staff
- \* pony rides for young children
  - \* wagon rides
  - \* climbing wall
    - \* archery
    - \* snacks

No need to RSVP.

Just show up for a fun afternoon!



If you cannot attend the open house but would like a camp tour, please contact the office. We would be happy to give you a tour at another time.



# **OVERNIGHT CAMP FAQS**



#### Who owns InterVarsity Circle Square Ranch?

Circle Square Ranch is owned and operated by InterVarsity who has been operating summer camps and year-round outdoor educational programs since 1929. We operate nine summer camps across Canada under the names of Pioneer Camp and Circle Square Ranch.

#### What qualifications do the camp directors and leadership team have?

The Executive Camp Directors have over 25 years' experience working with Circle Square Ranch, as well as numerous years' experience in the area of youth ministry. Our summer leadership team consists of individuals with previous camping experience as well as specific skills and training in their area of responsibility.

#### Circle Square Ranch is a Christian camp. What does that mean for my child's experience?

While camp staff members identify themselves as followers of Jesus, Circle Square Ranch welcomes campers and families from all backgrounds and religious beliefs. We provide a non-denominational Christian environment for children and youth. This means that we hold core beliefs of the historical Christian faith and that we clearly present, in age-appropriate ways, Christian faith to campers. However, campers never have beliefs forced upon them; rather, they are invited to consider issues of life and faith from a Christian perspective and to decide for themselves.

Your child will have a devotional time during the day (approximately  $\frac{1}{2}$  hour) plus an evening campfire (approximately 1 hour) that will focus on predetermined topics as laid out in the Circle Square Ranch general program. These are times of introduction to Christian values and beliefs presented through small and large group discussions, skits, songs and Bible study.

#### This is the first camp experience for my child. Will he/she be homesick? Can I visit during camp?

Our friendly atmosphere and understanding staff help campers overcome the natural fears and concerns of being away from home. Getting kids involved in the program and making new friends helps to overcome the fears associated with leaving home and the family. It is our goal to make their stay at Circle Square Ranch as enjoyable as possible. The camp director will spend time with any homesick child and, if necessary call the parent.

With that in mind, we encourage parents and family not to visit during the week. If a child is homesick, a visit by family is usually not helpful. As well, other campers who are feeling homesick and are aware of the visit may request similar privileges and in most cases, this is not possible. We encourage family to spend as much time on arrival as they feel necessary.

#### Can my child call home?

While we do not encourage campers to use the telephone, if a call home is requested and considered necessary by the director, the camper will be allowed to call.

#### Why can't campers bring their cell phones to camp?\*

Days at camp are very busy and technology can sometimes get in the way of creating meaningful experiences and developing new friendships. Campers may also lose or break their phones while they are at camp. If your child regularly uses their cell phone for an alarm clock or camera, we recommend bringing a cheap camera and alarm clock instead.

\*Please see camp specific information pages for policies on cell phones & electronic devices for Teen Week, Route 4:13, 252, and LIT campers.

#### How do I see photos of my camper?

We take photos of what is going on during the week for all overnight camps and post them on a secure website. Please see our Photos & Emails page for details on how to access the photos.

#### What is a typical day like at our camp?

Campers rotate throughout the day to the different activities relative to their camp session. As long as the weather co-operates, all campers swim and ride horses daily with the exception of some of our specialty camps. Overnight campers participate in fun camp games & free time after dinner and finish the day with a fun and meaningful campfire.



#### How much time do campers spend with the horses?

Each full day of camp: Junior Campers will spend one period each day at the barn participating in riding and horse activities, Discovery Campers will ride for one activity period a day, Horse Lover's will spend two activity periods riding a day, and Equestrian campers spend three hours riding a day. Our specialty Boys Camp and Leadership Development camps (252, Route 4:13, LIT) do not feature daily riding, but they will have the opportunity to ride at least once during their camp session. Additional participation in the horse program is available for Discovery campers, and depends on the campers' interest. Discovery camp offers a level riding program, trail riding, optional barn & tack care, and optional horse science classes. Junior, Boys, and Leadership camps participate in a recreational riding program.

#### What is canteen and how does it work?

The Canteen is a camp store that is open daily for campers to purchase a snack or a souvenir. It includes things such as chocolate bars, slushies, chips, candy, granola bars, yogurt, fruit and pop. If you'd prefer, you are welcome to send nut-free snacks from home. Canteen money can be paid in advance when completing an online registration or it can be brought with you to camp. Any unspent money will be returned to your child on the last day of camp. The Canteen will also be open on registration and sign-out day for your child to buy souvenirs.

#### Do campers wear helmets when riding?

We provide approved riding helmets, which all campers are required to wear when riding. Campers may bring their own approved riding helmet, no bike helmets please.

#### What is the camper/staff ratio?

The overall camper to staff ratio is four to one. A wagon or cabin of 6-9 campers has a cabin leader and, if space permits, a co-leader. Two leaders are responsible for each travel group of 16 and there are instructors at each activity that they attend. Trained leaders supervise all activities.

#### Where do campers sleep?

The campers sleep in our lodge, Conestoga covered wagons or in cabins that sleep 8-14. Campers will always have at least one counselor stay in the cabin/ wagon with them overnight. All have mattresses and electricity. Campers attending in August are encouraged to bring extra blankets due to cooler weather.

#### What about health and safety?

Safety is a primary concern. We strive to provide safe and enjoyable activities. There is a medical staff available 24 hours a day, and Leadership staff are trained in First Aid and CPR. We are 15 minutes away from a medical clinic and Brantford General Hospital.

#### How hot is too hot for normal activities to continue?

We take your child's health very seriously and at times we need to modify our program due to extreme heat. Horseback riding may need to be cancelled if the temperature and humidity for the day are too high. We will reassess if it is safe to resume normal programming on an hour by hour basis.

A Note to Parents: It is our goal to create an experience for campers that is not only fun, but significant and meaningful. If you have any questions, please contact us at the ranch. We look forward to seeing you this summer.

~ Steve & Andrea Richardson ~ Camp Directors

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Please find a copy of the Conditions of Enrollment and Authorization for Treatment below. We like to have a physical copy of your signature for the items you agreed to online. If you could print this form, and bring it with you to registration, it will help the registration process to be more efficient. We will have additional copies available at registration if required. Thank you.

INTERVARSITY		
CIRCLE SQUARE RANCH		

#### **CAMPER'S NAME:**

#### CONDITIONS OF ENROLLMENT

- 1. The parents/guardians submitting this application are those having legal custody over the child. Conditions of custody, if applicable, will be fully communicated in writing to InterVarsity Circle Square Ranch, including a photocopy of the section of any court order referring to visitation rights.
- 2. The Camp Director reserves the right to dismiss a camper who, in the Director's opinion, is a hazard to the safety and rights of others, or who appears to have rejected the reasonable controls of camp and/or whose behaviour is placing unacceptable constraints upon the staff and their responsibilities toward other campers. This may range from missing an activity to complete dismissal depending on the situation. In the instance that a camper is dismissed from camp for any reason, the parents/guardians are responsible for pick-up of the dismissed camper.
- 3. If the camper has any physical, emotional, developmental or behavioural need, particularly if it is a condition that would require special attention or exclude the camper from any camp activity, describe fully on the application or on a separate sheet of paper. InterVarsity Circle Square Ranch retains the right to dismiss any camper whose condition has not been disclosed during the application process.
- 4. I, the parent/guardian of the herein named participant, release Inter-Varsity Christian Fellowship of Canada and InterVarsity Circle Square Ranch, its trustees, directors, corporation members, staff and agents from any loss, personal injury, accident, misfortune or damage to the herein named or his/her property, with the understanding that reasonable precautions shall be taken to ensure the health and safety of the herein-named camper. This release is for both while the camper is on site and any camp-related off-site trip/activity. Each camper must be covered by Provincial Health Insurance or equivalent medical insurance prior to arrival at camp and must extend throughout their entire time at camp.
- 5. The parent/guardian agrees to permit reasonable use of photos, videos or other pictures of the applicant camper in promoting InterVarsity Camps and/or camp activities and programs, and/or Inter-Varsity Christian Fellowship in general in printed and/or electronic media.
- 6. InterVarsity Circle Square Ranch encourages our staff to keep in contact with campers periodically throughout the year. I the parent/guardian permit such contact.
- 7. I give my permission for Inter-Varsity Circle Square Ranch to communicate camp information or registration opportunities to me electronically.
- 8. The parents/guardians hereby agree to reimburse Inter-Varsity Circle Square Ranch for any willful damages caused by the applicant camper.
- 9. The use or possession of alcohol, illicit drugs, or cigarettes by campers is strictly prohibited.
- 10. The parent/guardian agrees to be responsible for the payment of all fees due to the Camp by June 1, 2018. This registration is not complete until all fees are paid.
- 11. I have read and understand the Conditions of Enrollment, including the Cancellation Policy and Camp Information and hereby accept the conditions listed.

  Date

  Signature of parent / guardian

#### **AUTHORIZATION FOR TREATMENT**

- 1. I hereby authorize the camp personnel to handle any medical problems with my child during his/her stay at camp.
- 2. In the event that a camper requires special medication, x-ray, or treatment beyond that which is possible at camp, we will attempt to notify the parents as soon as possible. The parent/guardian will be responsible for any additional expense for additional care or transportation.
- 3. In case of surgical emergency, I hereby give my permission to the physician selected by the camp director to hospitalize, secure proper treatment for, and order injection, anesthesia, or surgery for my child named on this application.
- 4. I will inform the camp if my child has had any changes in health, including any communicable disease within the three weeks prior to his/her stay at the camp.
- 5. InterVarsity Circle Square Ranch has my permission to contact my family doctor as necessary to ensure the best care for my child/ward.

Date	Signature of parent / guardian

I give permission to InterVarsity Circle Square Ranch to give the over the counter medications checked off.

#### LICE

Please check your camper's hair for lice and nits before they come to camp.

A lice check is part of our registration process. Any camper found with lice or nits will be sent home so a full lice treatment and nit removal can be done (campers who have traveled a distance may have access to our laundry room facilities instead).

Your camper's hair must be free from ALL nits and adult lice before they may stay.

Sorry, there are no exceptions or refund of camp fees due to lice. If you have any doubt whether they do or not, please visit your doctor.





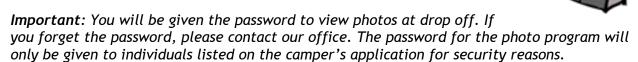
# Photos & Emails

Dear Parents,

We are excited to offer one-way email and photo viewing Services for our overnight camp programs! Please read the information to learn about how to access these programs.

### **Viewing Photos:**

- Step 1: Go to www.circlesquareranch.smugmug.com
- Step 2: Choose the "Summer 2018" photo album
- Step 3: Choose the photo album for the week your child is at camp.
- <u>Step 4:</u> You will then be prompted to enter a password in order to access the secure photos.



You can browse through the photos and even download as many as you would like for free! Love the pictures from camp? You can also order prints and merchandise at reasonable costs directly from the website. Please note that any online purchases will appear on your credit card statements as SmugMug.

We will do our best to post as many photos as we can. The first batch of photos from the week will be uploaded by Tuesday at lunch. You should expect to see two or three photos of your camper during the week, unless they are feeling camera shy! We think it is important for you to remember that while photos can be a great insight into what is generally happening at camp, a single snapshot should not be used as an assessment tool as to how your campers are doing.



**Sending One-Way Emails:** If you purchased an email package, you will be able to send up to 10 emails to your child during their week of camp. If you didn't order an email package yet, give us a call and we will add it to your account for the cost of \$9.99 +HST.

To send one-way emails to your camper, go to www.csranchgrandriver.ca/emails and fill out an email form.

If you have any questions about this service, please give us a call at 519-754-0171 or email us at brantford@csranch.ca







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Please use Brant (not Brantford) as the city when using Google Maps or a GPS.

#### From London, Sarnia, etc.

- Take 401 East to 403 Brantford
- Follow 403 to Garden Ave. /Cainsville exit (last Brantford cut-off)
- At the stoplight, turn right onto Garden Ave. (south)
- Turn left onto Hwy # 2 (also called Colborne St. E.) (there is a 'Brooks Sign' store at this corner)
- Ranch is approximately 5km down on the right (south side), just past Langford Church Rd.
- Watch for the Circle Square Ranch sign and covered wagon, our highway number is 1645

#### From Hamilton, Mississauga, etc.

- Follow the QEW to 403 West (Hamilton/Brantford)
- Follow 403 West to Wilson St. exit (last Ancaster cut-off)
- A the stoplight, turn left onto Wilson St. (Wilson St. turns into Hwy # 2 / Colborne St. E.)
- Follow Wilson St. / Hwy # 2 for approx. 10 kms
- Ranch is on left (south side), just past White Swan Rd.
- Watch for the Circle Square Ranch sign, our highway number is 1645

#### From Cambridge, Kitchener, etc.

- Take Hwy 24 south into Brantford
- In Brantford get on Hwy 403 East Hamilton (this is a left-hand turn just after Fairview Drive)
- Follow 403 to Garden Ave. /Cainsville exit (last Brantford cut-off)
- At the stoplight, turn right onto Garden Ave. (south)
- Turn left onto Hwy # 2 (also called Colborne St. E.) (there is a 'Brooks Sign' store at this corner)
- Ranch is approximately 5km down on the right (south side), just past Langford Church Rd.
- Watch for the Circle Square Ranch sign and covered wagon, our highway number is 1645





### Policy for Camper Behaviour

#### Our Goal:

To provide, to the best of our ability, an enjoyable camping experience for all campers in a safe and caring environment, which we will strive to achieve through clear expectations, awareness, prevention and community development. We value each campers experience and expect each camper to interact in a positive way with other campers.

#### **Strategies:**

*Staff awareness:* Provide staff training to create competency and understanding regarding general behaviour expectations and provide tools to prevent bullying. Discuss appropriate responses when expectations aren't met.

Increased supervision: More staff presence during potential high-risk times.

*Positive role models:* To encourage our staff and leadership to model positive conflict resolution, attitudes of caring and kindness and healthy peer relationships.

Clear rules and consequences: Ensure campers are aware of expectations by informing in a general announcement to the camp body, and reinforcing through individual communications as needed.

*Communication:* Create a safe environment for all campers to discuss situations that require staff assistance. We will communicate with campers if they are not following behaviour expectations and follow up with parents if required.

### Reporting:

Staff: All staff will be required to immediately intervene and then report any degree or type of bullying or failure to follow behaviour expectations to their direct supervisor. The supervisor will then report in writing to the Director the details about the incident and the staff member's actions. Under the Director's discretion it will be determined if further intervention is necessary.

Camper: Campers will be encouraged to approach their counselor or group leader in confidence to report any situation involving themselves or other campers that has occurred in which the staff are unaware of. Campers will be assured of the leaderships' prompt attention in dealing with the situation and recognizing their concerns as a serious issue. Communication will be stressed as an important factor in resolving issues.

Leadership: An incident file will be kept on all reports of bullying and serious misbehaviour. The Director or Program Coordinator will follow up with the camper(s) involved on all incident reports that are received. Consequences are under the discretion of the Director based on the situation. Parents will not be contacted unless the director deems it necessary.

#### Responding:

Campers will be redirected when acting in a manner that compromises their own or another camper's safety.

Campers will be redirected when they are behaving in an aggressive manner.

Campers will be redirected if they bully another camper.

Campers will be redirected if they break the generally accepted and understood policies of the camp.

These policies include, but are not limited to; using appropriate language (i.e. not swearing or having inappropriate conversations), respecting other people (i.e. not touching them or their belongings), following the activity schedule set out for the camper (i.e. staying with the group), being quiet after lights out, following the instructions of their leaders.



# Depending on the circumstances, these steps are used until the desired behaviour is achieved:

Caution: Communicate with camper that their behaviour is unacceptable. Notify the camper that you are aware of the behaviour and that it isn't allowed. Often that is all that is needed to correct matters.

Redirect: Help camper identify appropriate ways to interact with other campers.

*Relocate*: Either relocate the individual away from the area or move the other campers away from the camper who is not following the behaviour expectations. When the camper is able to follow the behaviour expectations they can return to their activity.

Consultation: A one on one meeting between the camper and the Director or Program Co-ordinator to discuss behaviour expectations with the camper, communicating the difficulties that have been observed/reported. Create a plan with the camper to follow behaviour expectations, and consequences if the difficulties continue.

Contact with parent/guardian: Circle Square Ranch personnel will contact the parent/guardian to explain the situation, ask for input for the camper's behaviour plan, and discuss options.

Second contact to parent/guardian: To arrange the removal of child from the program. If a camper has serious infraction of the behaviour policies, it may be necessary to pick them up immediately, without first and second contact.

In no instance will discipline at camp take the form of physical or psychological punishment. We will administer discipline appropriate to the ranch setting as outlined above.

If you have any questions concerning InterVarsity Circle Square Ranch's Policy for Camper Behaviour, please call the Director at 519.754.0171.

