

# EXTREME DAY CAMP

1645 Colborne Street East | Brant | ON | N3T 5L4 Phone: 519.754.0171 | Fax: 519.754.5490 Email: brantford@csranch.ca | Web: csranchgrandriver.ca

# Please check your camp receipt for your camp dates. Extreme Day Camps run either Monday- Friday, Tuesday-Friday or Monday-Thursday.

### ARRIVAL

Please plan to arrive at InterVarsity Circle Square Ranch on the first day of your camp between 8 and 8:30 am. We are unable to take early registrations. A parent, guardian or a responsible adult must accompany all campers. All medications and canteen money are to be handed in at registration. Sign in for the remainder of the week is from 8 - 8:45 am.

# DEPARTURE

Pick up is from 5-5:15 pm. Early pick-ups need to arranged with the Day Camp Director in advance to ensure your child is back at the pick-up area on time. Any medication, canteen return and a photo will be handed out on the last day.

# **MEALS, SNACKS, & CANTEEN**

Lunch will be provided if a lunch meal plan is purchased in advance. Otherwise, please send your camper with a nut free lunch. All children should be sent with a morning snack. An afternoon snack can be ordered from our canteen or brought from home. Please see FAQ page for further canteen details

# **LOST & FOUND**

Please label all of your camper's belongings. We do not assume responsibility for lost or damaged items. There will be a table in the day camp area where lost and found will be placed throughout the week. Lost and found will be held for one month following camp. We can only look for labeled items. Any found items will be sent at the camper's expense.

# **ALLERGIES & DIETARY NEEDS**

If you indicated that your child has food allergies or requires a modified diet (i.e. vegetarian), please contact the office two weeks before arrival to discuss. We are able to accommodate most vegetarian, lactose-free, gluten-free diets and other allergies. You may be required to provide food items for any complex allergies or dietary requirements. Circle Square Ranch will make every effort to accommodate allergies; however, we cannot guarantee that there will be no trace of an allergen in food served. We strive to be a nut free facility and do not knowingly serve foods containing nuts. We sell only nut free products in our store.

# MEDICATION

All medication brought to camp must be kept with the camp nurse, including epipens and puffers. All medications must be in original package. If you want your camper to carry their puffer or epipen with them, please bring a second one to be checked in with the nurse.

# **MEDICAL CARE**

Medical care is a vital part of our role for your child at the Ranch. Please advise us at registration if there are any changes to your child's medical information. Circle Square Ranch reserves the right to refuse admission to any camper with a suspected contagious condition (i.e. fever, chickenpox or lice/nits). We do a lice check as part of our registration process. To make the process run smoother, we recommend that campers come with their hair down or in a simple ponytail. To ensure your child has an enjoyable week, and to protect other campers, please have any condition treated completely before coming to camp. If this is not possible, please call and reschedule to another week, depending on availability.

# WHAT TO BRING

### \*\* Be sure your child's name is on all items \*\*

- 1. **Swimsuit** (no bikinis please) and towel. The Ranch lifeguards will have campers perform a swim test, and if necessary give them a PFD (life jacket) for the week.
- 2. Please have your child wear a **t-shirt** rather than a tank top for added sun protection.
- 3. Long pants and sturdy shoes for riding. Helmets will be provided. When choosing footwear for horsemanship activities please consider that occasionally children's feet are stepped on by a horse. Suitable footwear includes: hiking boots, sturdy running shoes, or riding boots. Please do not bring canvas shoes, crocs, or rubber boots for riding.
- 4. Long shorts and running shoes for climbing.
- 5. Rain gear if needed.
- 6. Extra set of clothes.
- 7. Sunscreen, insect repellant and chapstick with SPF protection. We will assume that your child has had sunscreen and insect repellant applied before drop off in the morning. We will reapply after lunch.
- 8. Hat for sun protection.
- 9. We encourage the campers to fill their **reusable water bottle** with water at meal times. Campers who do not have a reusable water bottle will be asked to purchase one in our store so they are able to take water with them to activities.
- 10. Canteen Money (\$10-20/ week) (optional) or afternoon snack.

#### 11. Morning Snack

Please do not bring cell phones, MP3 players, iPods or other items of value. Campers should not carry money with them. All canteen money should be handed in at registration on **the first day of camp**.

# WE LOOK FORWARD TO SEEING YOU THIS SUMMER!

Come enjoy an afternoon at Circle Square Ranch!

\* camp tour \* meet some of our camp staff \* pony rides for young children

\* wagon rides

\* climbing wall

\* archery

\* snacks

en 8

3-5 p.m. No need to RSVP.

Sunday, May 27th

RSI

Just show up for a fun afternoon!



If you cannot attend the open house but would like a camp tour, please contact the office. We would be happy to give you a tour at another time.



# DAY CAMP FAQS

#### Who owns InterVarsity Circle Square Ranch?

Circle Square Ranch is owned and operated by InterVarsity who has been operating summer camps and year-round outdoor educational programs since 1929. We operate nine summer camps across Canada under the names of Pioneer Camp and Circle Square Ranch.

#### What qualifications do the camp directors and leadership team have?

The Executive Camp Directors have over 25 years' experience working with Circle Square Ranch, as well as numerous years' experience in the area of youth ministry. Our summer leadership team consists of individuals with previous camping experience as well as specific skills and training in their area of responsibility.

#### Circle Square Ranch is a Christian camp. What does that mean for my child's experience?

While camp staff members identify themselves as followers of Jesus, Circle Square Ranch welcomes campers and families from all backgrounds and religious beliefs. We provide a non-denominational Christian environment for children and youth. This means that we hold core beliefs of the historical Christian faith and that we clearly present, in age-appropriate ways, Christian faith to campers. However, campers never have beliefs forced upon them; rather, they are invited to consider issues of life and faith from a Christian perspective and to decide for themselves.

Your child will have a devotional time during the day (approximately ½ hour) that will focus on predetermined topics as laid out in the Circle Square Ranch general program. These are times of introduction to Christian values and beliefs presented through small and large group discussions, skits, songs and Bible study.

#### What is a typical day like at our camp?

Campers rotate throughout the day to the different activities relative to their camp session. As long as the weather co-operates, all campers swim and ride horses daily.

#### What is canteen and how does it work?

The Canteen is a camp store that is open daily for Extreme Day Campers to independently purchase a snack or a souvenir. Parents of campers in our Explore Day Camp program can pre-order afternoon snacks from the canteen for their child. An order form will be emailed to Explore Day Camp parents 1-2 weeks before the camp session begins to give you time to think through your options.

The Canteen includes things such as chocolate bars, slushies, chips, candy, granola bars, yogurt, fruit and pop. If you'd prefer, you are welcome to send an afternoon snack from home as long as they are nut-free. Canteen money can be paid in advance when completing an online registration or it can be brought with you to camp on the first day. We suggest a weekly amount of \$10-\$20 for Day Campers. Any unspent money will be returned to your child on the last day of camp. The Canteen will also be open on sign-out day for your child to buy souvenirs.

#### How much time do campers spend with the horses?

Each day of camp, Explore Day Campers will spend one period at the barn participating in riding and horse activities. Extreme Day Campers ride for one activity period a day. The Day Camp riding program consists of non-level recreational riding. Week 9 Extreme Day Campers who have purchased a riding add on will ride for 2 activity periods a day with the opportunity to advance through different levels of riding.

#### Do campers wear helmets when riding?

We provide approved riding helmets, which all campers are required to wear when riding. Campers may bring their own approved riding helmet, no bike helmets please.

#### What is the camper/staff ratio?

The overall camper to staff ratio is four to one. Two leaders are responsible for each travel group of 12- 16 kids and there are instructors at each activity that they attend. Trained leaders supervise all activities.

#### What about health and safety?

Safety is a primary concern. We strive to provide safe and enjoyable activities. There is a medical staff available 24 hours a day, and Leadership staff are trained in First Aid and CPR. We are 15 minutes away from a medical clinic and Brantford General Hospital.

#### How hot is too hot for normal activities to continue?

We take your child's health very seriously and at times we need to modify our program due to extreme heat. Horseback riding may need to be cancelled if the temperature and humidity for the day are too high. We will reassess if it is safe to resume normal programming on an hour by hour basis.

#### Can my child be picked up by a different person than the one who dropped them off?

Yes. At sign in, please record the names of the individuals who you permit to pick up your child. Day Camp staff may ask for identification prior to releasing campers.

#### Can my child be dropped off or picked up early?

The earliest drop off time is 8 a.m. If your child needs to be picked up before 5 p.m., please notify the Day Camp Director in advance so that your child will be brought back to the pick-up area on time.

A Note to Parents: It is our goal to create an experience for campers that is not only fun, but significant and meaningful. If you have any questions, please contact us at the ranch. We look forward to seeing you this summer.

~ Steve & Andrea Richardson ~ Camp Directors

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Please find a copy of the Conditions of Enrollment and Authorization for Treatment below. We like to have a physical copy of your signature for the items you agreed to online. If you could print this form, and bring it with you to registration, it will help the registration process to be more efficient. We will have additional copies available at registration if required. Thank you.

#### CAMPER'S NAME:

#### CONDITIONS OF ENROLLMENT

The parents/guardians submitting this application are those having legal custody over the child. Conditions of custody, if applicable, will be fully communicated in writing to InterVarsity Circle Square Ranch, including a photocopy of the section of any court order referring to visitation rights.
The Camp Director reserves the right to dismiss a camper who, in the Director's opinion, is a hazard to the safety and rights of others, or who appears to have rejected the reasonable controls of camp and/or whose behaviour is placing unacceptable constraints upon the staff and their responsibilities toward other campers. This may range from missing an activity to complete dismissal depending on the situation. In the instance that a camper is dismissed from camp for any reason, the parents/guardians are responsible for pick-up of the dismissed camper.

INTERVARSIT

3. If the camper has any physical, emotional, developmental or behavioural need, particularly if it is a condition that would require special attention or exclude the camper from any camp activity, describe fully on the application or on a separate sheet of paper. InterVarsity Circle Square Ranch retains the right to dismiss any camper whose condition has not been disclosed during the application process.

4. I, the parent/guardian of the herein named participant, release Inter-Varsity Christian Fellowship of Canada and InterVarsity Circle Square Ranch, its trustees, directors, corporation members, staff and agents from any loss, personal injury, accident, misfortune or damage to the herein named or his/her property, with the understanding that reasonable precautions shall be taken to ensure the health and safety of the herein-named camper. This release is for both while the camper is on site and any camp-related off-site trip/activity. Each camper must be covered by Provincial Health Insurance or equivalent medical insurance prior to arrival at camp and must extend throughout their entire time at camp.

5. The parent/guardian agrees to permit reasonable use of photos, videos or other pictures of the applicant camper in promoting InterVarsity Camps and/or camp activities and programs, and/or Inter-Varsity Christian Fellowship in general in printed and/or electronic media.

6. InterVarsity Circle Square Ranch encourages our staff to keep in contact with campers periodically throughout the year. I the parent/guardian permit such contact.

7. I give my permission for Inter-Varsity Circle Square Ranch to communicate camp information or registration opportunities to me electronically.

8. The parents/guardians hereby agree to reimburse Inter-Varsity Circle Square Ranch for any willful damages caused by the applicant camper.

9. The use or possession of alcohol, illicit drugs, or cigarettes by campers is strictly prohibited.

10. The parent/guardian agrees to be responsible for the payment of all fees due to the Camp by June 1, 2018. This registration is not complete until all fees are paid.

11. I have read and understand the Conditions of Enrollment, including the Cancellation Policy and Camp Information and hereby accept the conditions listed.

Date

Signature of parent / guardian

#### AUTHORIZATION FOR TREATMENT

1. I hereby authorize the camp personnel to handle any medical problems with my child during his/her stay at camp.

2. In the event that a camper requires special medication, x-ray, or treatment beyond that which is possible at camp, we will attempt to notify the parents as soon as possible. The parent/guardian will be responsible for any additional expense for additional care or transportation.

3. In case of surgical emergency, I hereby give my permission to the physician selected by the camp director to hospitalize, secure proper treatment for, and order injection, anesthesia, or surgery for my child named on this application.

4. I will inform the camp if my child has had any changes in health, including any communicable disease within the three weeks prior to his/her stay at the camp.

5. InterVarsity Circle Square Ranch has my permission to contact my family doctor as necessary to ensure the best care for my child/ward.

6. I give permission to InterVarsity Circle Square Ranch to give the over the counter medications checked off.

Date

Signature of parent / guardian

# LICE

### Please check your camper's hair for lice and nits before they come to camp.

A lice check is part of our registration process. Any camper found with lice or nits will be sent home so a full lice treatment and nit removal can be done (campers who have traveled a distance may have access to our laundry room facilities instead).

Your camper's hair must be free from ALL nits and adult lice before they may stay.

Sorry, there are no exceptions or refund of camp fees due to lice. If you have any doubt whether they do or not, please visit your doctor.



# TAKE ME TO INTERVARSITY CIRCLE SQUARE RANCH!



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# Please use Brant (not Brantford) as the city when using Google Maps or a GPS.

# From London, Sarnia, etc.

- Take 401 East to 403 Brantford
- Follow 403 to Garden Ave. /Cainsville exit (last Brantford cut-off)
- At the stoplight, turn right onto Garden Ave. (south)
- Turn left onto Hwy # 2 (also called Colborne St. E.) (there is a 'Brooks Sign' store at this corner)
- Ranch is approximately 5km down on the right (south side), just past Langford Church Rd.
- Watch for the Circle Square Ranch sign and covered wagon, our highway number is 1645

# From Hamilton, Mississauga, etc.

- Follow the QEW to 403 West (Hamilton/Brantford)
- Follow 403 West to Wilson St. exit (last Ancaster cut-off)
- A the stoplight, turn left onto Wilson St. (Wilson St. turns into Hwy # 2 / Colborne St. E.)
- Follow Wilson St. / Hwy # 2 for approx. 10 kms
- Ranch is on left (south side), just past White Swan Rd.
- Watch for the Circle Square Ranch sign, our highway number is 1645

# From Cambridge, Kitchener, etc.

- Take Hwy 24 south into Brantford
- In Brantford get on Hwy 403 East Hamilton (this is a left-hand turn just after Fairview Drive)
- Follow 403 to Garden Ave. /Cainsville exit (last Brantford cut-off)
- At the stoplight, turn right onto Garden Ave. (south)
- Turn left onto Hwy # 2 (also called Colborne St. E.) (there is a 'Brooks Sign' store at this corner)
- Ranch is approximately 5km down on the right (south side), just past Langford Church Rd.
- Watch for the Circle Square Ranch sign and covered wagon, our highway number is 1645





# Policy for Camper Behaviour

# Our Goal:

To provide, to the best of our ability, an enjoyable camping experience for all campers in a safe and caring environment, which we will strive to achieve through clear expectations, awareness, prevention and community development. We value each campers experience and expect each camper to interact in a positive way with other campers.

# Strategies:

*Staff awareness:* Provide staff training to create competency and understanding regarding general behaviour expectations and provide tools to prevent bullying. Discuss appropriate responses when expectations aren't met.

Increased supervision: More staff presence during potential high-risk times.

*Positive role models:* To encourage our staff and leadership to model positive conflict resolution, attitudes of caring and kindness and healthy peer relationships.

*Clear rules and consequences:* Ensure campers are aware of expectations by informing in a general announcement to the camp body, and reinforcing through individual communications as needed.

*Communication*: Create a safe environment for all campers to discuss situations that require staff assistance. We will communicate with campers if they are not following behaviour expectations and follow up with parents if required.

# **Reporting:**

*Staff:* All staff will be required to immediately intervene and then report any degree or type of bullying or failure to follow behaviour expectations to their direct supervisor. The supervisor will then report in writing to the Director the details about the incident and the staff member's actions. Under the Director's discretion it will be determined if further intervention is necessary.

*Camper*: Campers will be encouraged to approach their counselor or group leader in confidence to report any situation involving themselves or other campers that has occurred in which the staff are unaware of. Campers will be assured of the leaderships' prompt attention in dealing with the situation and recognizing their concerns as a serious issue. Communication will be stressed as an important factor in resolving issues.

*Leadership:* An incident file will be kept on all reports of bullying and serious misbehaviour. The Director or Program Coordinator will follow up with the camper(s) involved on all incident reports that are received. Consequences are under the discretion of the Director based on the situation. Parents will not be contacted unless the director deems it necessary.

# **Responding:**

Campers will be redirected when acting in a manner that compromises their own or another camper's safety.

Campers will be redirected when they are behaving in an aggressive manner.

Campers will be redirected if they bully another camper.

Campers will be redirected if they break the generally accepted and understood policies of the camp.

These policies include, but are not limited to; using appropriate language (i.e. not swearing or having inappropriate conversations), respecting other people (i.e. not touching them or their belongings), following the activity schedule set out for the camper (i.e. staying with the group), being quiet after lights out, following the instructions of their leaders.



# Depending on the circumstances, these steps are used until the desired behaviour is achieved:

*Caution:* Communicate with camper that their behaviour is unacceptable. Notify the camper that you are aware of the behaviour and that it isn't allowed. Often that is all that is needed to correct matters.

Redirect: Help camper identify appropriate ways to interact with other campers.

*Relocate:* Either relocate the individual away from the area or move the other campers away from the camper who is not following the behaviour expectations. When the camper is able to follow the behaviour expectations they can return to their activity.

*Consultation*: A one on one meeting between the camper and the Director or Program Co-ordinator to discuss behaviour expectations with the camper, communicating the difficulties that have been observed/reported. Create a plan with the camper to follow behaviour expectations, and consequences if the difficulties continue.

*Contact with parent/guardian:* Circle Square Ranch personnel will contact the parent/guardian to explain the situation, ask for input for the camper's behaviour plan, and discuss options.

Second contact to parent/guardian: To arrange the removal of child from the program. If a camper has serious infraction of the behaviour policies, it may be necessary to pick them up immediately, without first and second contact.

In no instance will discipline at camp take the form of physical or psychological punishment. We will administer discipline appropriate to the ranch setting as outlined above.

If you have any questions concerning InterVarsity Circle Square Ranch's Policy for Camper Behaviour, please call the Director at 519.754.0171.

