

WEEK 3	Breakfast	Lunch	Supper	Snack
SUN			Spaghetti & Meat Sauce Caesar Salad Garlic Bread	Fruit
MON	Egg & Sausage McMuffin Hashbrown Jam & Butter on tables	Macaroni and Cheese Cucumber Salad Bread	COOKOUT Hot dogs Chips Carrot Sticks Cucumber Slices	Fruit
TUES	Cold Cereal & Milk Oatmeal Muffins Fruit	Pulled Pork on a Bun Veggie Tray Coleslaw	Chicken Broccoli Stir Fry Rice Sweet & Sour Sauce	Fruit
WED	Pancake Sausage Berry sauce Milk	Nachos – nachos chips, ground beef, lettuce, cheese, green onion, sour cream, salsa	Beef Stroganoff Pasta Seasonal Veg Bread	Fruit
THURS	Scrambled Eggs Bacon Hashbrowns Bread	Chicken burgers lettuce/pickles/tomato Coleslaw	Pizza Garden Salad	Fruit
FRI	Yogurt Granola Boiled Egg Croissants Oatmeal	Chicken Caesar Wrap Pasta Salad	Ginger Roast Pork Rice Veggie Bread *Dessert*	Fruit
SAT	French Toast Hash Browns Fruit			